



LIVING WITH **VICTO**

INFORMATION
FOR PATIENTS

Restoring **continence**

Incontinence is a complex indication which many patients suffer from nowadays. Being incontinent often also means social isolation, reduced capabilities to perform sports and a low self-esteem. There are many options available nowadays to treat stress urinary incontinence, VICTO is one of them.

This leaflet aims to provide you, as a patient, with information about and insight into the implant you will receive or have already received in order to enhance your experience living with VICTO.

**VICTO**
Adjustable Artificial Sphincter

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Adjustable Artificial Sphincter

VICTO is an artificial urinary sphincter used to treat male stress urinary incontinence. Stress urinary incontinence is based on an intrinsic sphincter deficiency (ISD), which could be caused, for example, by a previous prostatectomy.

VICTO components

VICTO consists of a pressure regulating balloon, a urethral cuff and a pump. All three components make up a coherent system that simulates the natural function of your sphincter.



1 THE CUFF

The hydraulically inflatable urethral cuff used in VICTO is placed around your urethra to keep it closed and guarantee continence.

2 THE PRESSURE REGULATING BALLOON (PRB)

The pressure in the cuff is regulated by a balloon. This pressure regulating balloon is placed abdominally and also functions as a reservoir when the cuff is opened for urination.

3 THE PUMP

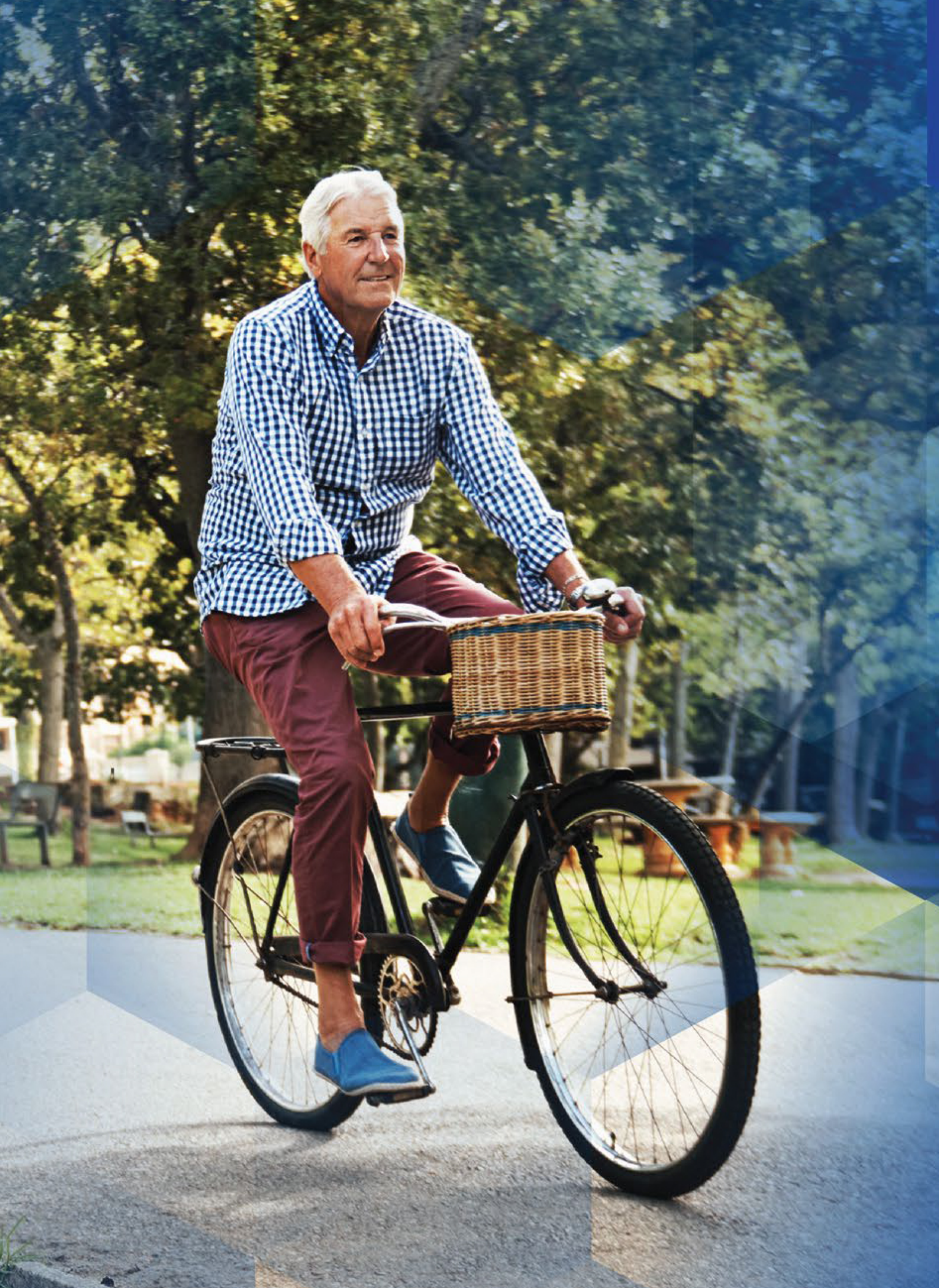
The pump is placed in the scrotum and allows you to open the urethral cuff, whenever you have to empty your bladder. Stroking the pump by pressing with your fingers, the fluid from the cuff is transferred to the pressure regulating balloon. Through a drain valve in the pump, the cuff closes automatically after a short period of time.

What's the difference between VICTO & VICTO+?

In cases of severe incontinence without the ability to interrupt the urinary stream, implantation of the VICTO+ is indicated.



The VICTO+ System includes an additional stress relief balloon which is also placed abdominally. The stress relief balloon is directly connected to the urethral cuff. In situations with increased abdominal pressure (e.g. coughing, sneezing, lifting heavy weights), the stress relief balloon transfers the increased pressure directly to the cuff and guarantees continence even in such situations. Your physician will decide which of both systems is suitable for you.



How to use VICTO

All of your VICTO functions are carried out with the pump placed in the scrotum.



Open and close VICTO

To empty your bladder you have to open the cuff by squeezing the pump twice. After opening, the cuff remains open for about 2 minutes and then closes automatically.



Rapid closure function

If a faster cuff closure is necessary, this is possible by using the "Rapid Closure Function". To do this press the two palpable ridges below the pump neck for about 10 seconds and the system will close your urethra directly.

Must knows

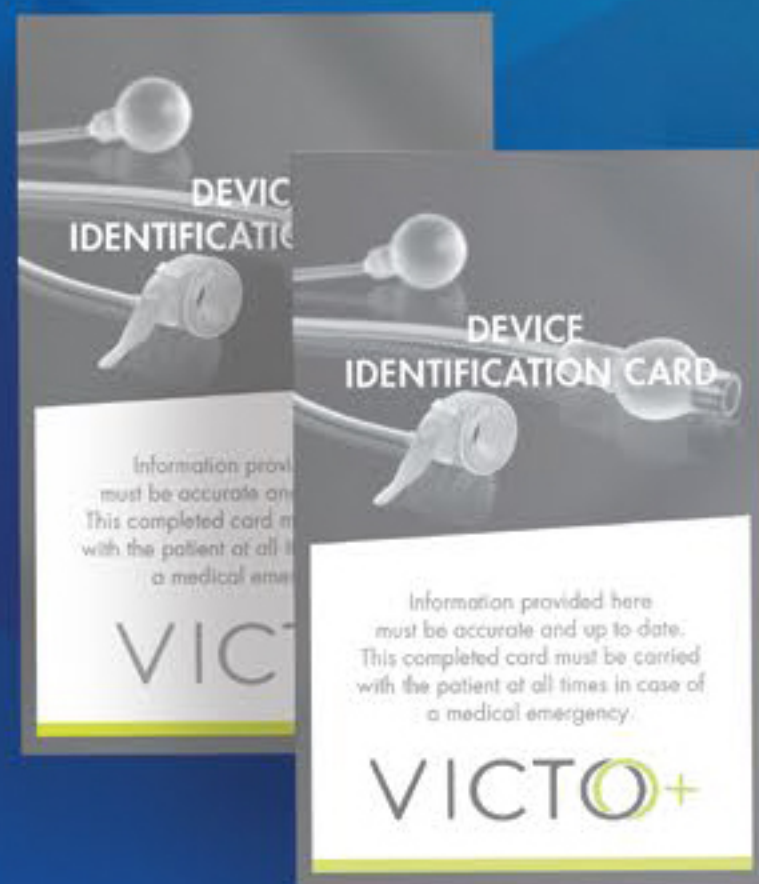
Share the information

We recommend you inform someone who is close to you about your implant and instruct them how VICTO works. If necessary, the person can assist you or inform medical staff about your implant.

Device Identification Card

The Device Identification Card is the identification of your device. It **MUST** be completed by the surgeon and given to you after the surgery, before leaving the hospital. This card must be carried with you as it contains important information about the implanted device. It is also useful in case of an emergency, as it contains practical information about how VICTO works, surgery date, surgeon's name and contact details. **Please hand it over to a doctor whenever a medical intervention is necessary.**

We encourage you to look after this card as it contains key data about your device—information that you might need for many years.



Medical interventions

Physicians and healthcare professionals should be informed about your VICTO Implant. This is especially important for interventions in which a catheter or another instrument must be inserted into the urethra. If surgery is performed via the urethra without prior deactivation of your implant, serious injury to the urethra or damage to VICTO is possible. Such damage may require the surgical removal of the implant.

Activation & deactivation of VICTO

Activation of your VICTO is performed as an outpatient intervention. To increase the system pressure your doctor will inject 4-7 ml of fluid into the implant via the port on the pump. It normally takes 4-6 weeks between implantation and activation, depending on the individual healing process.

To correctly deactivate VICTO there are two possibilities:

- For short medical interventions, you can simply stroke the pump 8 times. The cuff will be open for 25-30 minutes and then closes automatically.

- For longer deactivation, a doctor has to remove fluid from your implant as an outpatient intervention. The fluid (which is removed) must then be replaced in the implant by a surgeon for reactivation.



VICTO must only be deactivated by medical staff. Please encourage your doctor to refer to www.victosphincter.com/deactivation for more information.



When should you contact a doctor?

As with any other medical device, there is always the possibility of complications, infections or side effects. If any of the following occurs, please contact your doctor immediately:

- unusual or prolonged pain
- redness, swelling or rash around the incision or scrotum
- purulent secretion from the incision
- problems with urination
- fever
- parts of the System are visible through the skin
- pump can not be localized
- the pump can not be operated or is more difficult to operate than usual
- reoccurrence of stress urinary incontinence

Frequently asked questions FAQ

Below are questions that are frequently asked about **VICTO**. If you have any further questions or special medical concerns, please contact your doctor.



Can I ride a bicycle?

Check with your doctor before riding a bicycle after your surgery. Promedon recommends you use a split seat for pressure reduction at the perineum.



Will VICTO affect sexual activity?

VICTO should not have a negative effect on sexual activity. Nevertheless it would be good for you to inform your partner about your implant so they understand the device, e.g. where the control pump is located and how it works.



What about activities that put extra pressure on my body?

We recommend you coordinate all sports and other activities with your doctor.



Is magnetic resonance imaging (MRI) possible?

VICTO is MRI compatible, imaging isn't a problem.



Do I have to pay particular attention to anything during airport security checks?

No, the small amount of metal in the implant will not trigger an alarm at the airport.

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